



# 2020 ANNUAL REPORT Elder care service, inc.





## **President's Message**

For over 50 years, Elder Care Services has improved the quality of life for seniors in Leon County, a passion that we display still to this day. Starting in 1970 with our flagship program, Meals on Wheels, Elder Care now provides multiple facets of support for seniors in the Big Bend. During our decades of helping the community, Elder Care's remarkable outcomes have been accomplished through generous community support and dedicated staff.

With one year and one global pandemic under my belt as CEO, I am still as excited as ever to spread the word about how we must help our aging community. Seniors, like persons of all ages, often prefer to live in their homes, independent, but connected to others, a pillar of care that

Elder Care provides in all of our services.

I truly feel it is our duty to ensure that those who have come before us are tended to in their later years. That ethos was reflected in the tremendous amount of care we provided in 2020. During the pandemic, we pivoted services, enrolled more seniors into our



programs, provided more meals and telephone reassurance calls than ever before, and never slowed down in the face of daunting challenges. None of what we accomplished could have happened without the caring support of our community, and in the face of challenge, it was that backing that propelled us through a difficult but important year.

## Keith Bowers - Board Chair's Message

It's often said that a community is measured by how it cares for its elders. Over the course of events that unfolded during 2020, our community's ardent support, care and concern for our elders was on full display. In the face of the pandemic, ECS witnessed an outpouring of kindness and charity that made it possible for our amazing staff to persevere without compromising the quality of services.





## **DEMOGRAPHIC BREAKDOWN**

We serve clients 55+



## GENDER

66.4% of our clients identify as female.

33.2% of our clients identify as male.

<1% of our clients associated themselves with another identity.



other/

unknown

white -

black



## **2,636 Clients**

#### **SENIOR HIGHLIGHT**

Barbara, a client in our Meals on Wheels program, has a passion for the arts. She uses her projects to express her emotions with those closest to her and to release her feelings personally. As a self-taught artist with multiple mental disorders, Barbara thrives with this method of expression.

In March of 2020, Barbara reached out to Elder Care Services about receiving assistance through multiple services. With the COVID-19 pandemic, many seniors were left socially isolated and unable to leave their homes due to increased health risks. Like many older people in the Big Bend and beyond, Barbara was experiencing both physical and mental hardships due to the pandemic. Concurrently, she was also going through a complicated legal process with no support around her.

A case manager was assigned to Barbara and a thorough screening was performed to identify her unique needs. With Barbara being unable to leave her home, she began to receive full meals through the Meals on Wheels program and additional shopping assistance. Throughout the pandemic, her case manager has been working closely with her to assess her needs and give support throughout her legal process. When Barbara was in need of basic household appliances, the case manager assisted in finding the necessary goods. Ongoing and frequent communication between Barbara and her case manager ensured that the care plan continued to be the best support for her needs. Throughout time, they have established a strong tie that goes beyond her services.

She also started attending weekly counseling sessions with Elder Care Services' on-staff therapist. Barbara made her mental and physical health a priority by keeping her body and mind sound during the pandemic.

With these life-sustaining services, Barbara was able to live comfortably in her own home during the height of the pandemic. The compassionate care she received from Elder Care Services was a beacon of hope that showed her resilience during the COVID-19 outbreak.



## **OUR SERVICES**



#### **Nutrition Services**

Meals on Wheels (hot & frozen) are delivered on weekdays to homebound seniors and to 8 congregate meal sites.



#### Elder Day Stay

EDS provides continuous care to adults with physical or cognitive concerns as well as respite for caregivers. Monday through Friday, 7:30am to 5:30pm.



#### Senior Volunteer Program

Seniors 55 years or older are placed in vital volunteer roles that enrich the quality of life of the senior and their community.



#### Senior Outreach Services

SOS Specialists are the first contact for seniors seeking help and may provide material aid as well as answer questions and connect seniors to appropriate resources.



#### In-Home Services

In-Home Services care for frail, functionally impaired and homebound seniors as an alternative to nursing home placement.



## OUR 2020 IMPACTS

## 147,977

meals were provided to seniors. That is an increase of over 27,000 meals from the previous year



47,379 hours of in-home care were provided to seniors



14,151 wellness and screening calls were conducted to seniors requesting assistance



52 seniors were cared for at Elder Day Stay

1,623 bags of food were given to seniors from our food pantry

## 2,636 clients were served among all

programs



## FINANCIAL STEWARDSHIP

Elder Care Services is able to provide kind and compassionate care due to persistent grant pursuits, generous donors and many wonderful volunteers. Last year, we received \$185,472 of in-kind revenue to support our organization, which consisted of volunteer time and mileage, food, client supplies, and building space. We finished 2020 in a strong fiscal position with agnecy net assets of \$3,244,753.



## **OUR SUPPORTERS**

#### Partners

Throughout the year, the generosity of our partners sustains our programs through a mix of in-kind and financial support. This support includes everything from event sponsorship to volunteer work - all contributing to our mission of providing community based, compassionate care to seniors in the Big Bend

Cade Advertising, Inc. City of Tallahassee Community Human Service Partnership Florida Department of Elder Affairs Leon County Government Marlin Coatings, Inc. Masks for Tally Meals on Wheels America United Way of the Big Bend United Way of the Big Bend United Way of Florida United Partners for Human Services WCTV News WTXL ABC 27 Yellow Cab

### **Endowment Contributions**

Mark Baldino Fund · Elizabeth O. Clemons Fund · James M. and Theresa A. Croteau Fund · Annie S. Harris Fund · Neora G. Janssen Fund · Tom Longerbeam Fund · Lizanne Moncrief Fund · William H. Moncrief Fund · Elma W. Patronis Fund



#### **Private Contributions**

Whether a one time gift or a recurring monthly gift, the private contributions from our humble supporters ensure we have the necessary resources to serve the seniors of our community. We thank you for all you do!

#### Philanthropists Circle (\$10,000+):

Charles A. Frueauff Foundation The McConnaughhay Family Trust Fund

#### Ambassadors (\$5,000+):

#### Anonymous

Bank of America Charitable Foundation **Capital Medical Society Foundation** Donna McBride and Marilyn Coe Florida Community Care Gulf Winds Credit Union

#### Champions (\$2,500+):

Anfield Consulting Group, Inc. AstraZeneca Pharmaceuticals LP **Benjamin and Alicia Trexler** Brown's Refrigeration and Equipment Company Capital City Bank Group Foundation Capital Health Plan John R. Pettengill Ability Fund

Killearn United Methodist Church Michael and Donna Joyce **Publix Super Markets Charities** The Thomas Family Giving Account Truist Cares COVID-19 P4 Grant

Marjorie R. Turnbull Mary Anne Bestebreurtje Metal Building Services, Inc, **OliverSperry Renovation Right at Home Tallahassee** TriEagle Sales

#### Advocates (\$1,000+):

21st Century Council Ann Kirn Memorial Fund Anonymous Betti Rigdon Christopher and Susan Smith

Dr. Charles R. and Victoria A. McClure Fund Leslie Dughi Eli Roberts & Sons Mark and Susan Baldino Merrill Lynch - MDWD Group Emily Millett Ermine M. Owenby, Jr. Mutual of America Faith Presbyterian Church New Image Christian Center, Inc.

FBMC Benefits Management Inc. Fellowship Presbyterian Church Florida AutoSport **General Sheet Metal** Harrison Commercial Properties

Hazel Rosser Heuler-Wakeman Law Group, P.I. Holland & Knight LLP Hopewell In-Home Senior Care James Leon

### **OUR SUPPORTERS**

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Norman and Donna Drake Paul Kiernan Prime Meridian Bank Ray and Elisaeth Spencer Ron and Carolyn Hobbs Family Fund

St. John's Episcopal Church Susan Platt Tallahassee Memorial Healthcare Tom Kirwin Trinity United Methodist Church

## **OUR SUPPORTERS**

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Florida Insurance Council, Inc. Hearth and Soul Tallahassee, LLC Hopping Green and Sams, PA James and Leila LaCrosse Jay and Mary Baker

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Pete Rizzo Sachs Media Group Samuel Garner Sheila K. Salyer Tallahassee Neurological Clinic

Tallahassee Rotary Club Tamara Southworth Thomas County Federal Bank Tommy L. Mills Trinity Revival Church

United Church in Tallahassee Unity of Tallahassee Virginia Glass William Kohr





## **Senior Administration**

Jocelyne Fliger	President & Chief Executive Officer
Michael Henderson	VP & Kitchen Director
Nicole Ballas	Chief Development Officer
Ramona Brookins	Chief Financial Officer
Lexi de León	Director of Elder Day Stay
Zoila Huston	Clinical Director
Caroline Leitner	Director of Human Resources
Matthew Vossler	Director of Volunteers & Engagement

## **Board of Directors**

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## **OUR MISSION**

For over 50 years, Elder Care Services has been fulfilling our mission to improve the quality of life for seniors and their caregivers in the Big Bend.

Our comprehensive services provide community based, compassionate care for a broad spectrum of seniors. For active seniors, we provide an avenue to stay engaged in the community through volunteering placement. For families beginning the aging process, we are an advocate and trusted resource. For frail and homebound seniors, we continue to provide a variety of services that promote independence and safety while individuals age in place.



## **ELDER CARE** SERVICES, INC. CELEBRATING 50 YEARS OF COMPASSIONATE CARE

